

# Our Lady Queen of Angels Parish

Reverend Father Aron M. Maghsoudi – Pastor

## Rectory Office

738 Sunshine Avenue  
Central City, PA 15926  
814-754-5224  
Mon • Wed • Fri (9-12 • 1-6)

February 23, 2020

## Seventh Sunday in Ordinary Time

## Worship Sites

Church (Sacred Heart)  
738 Sunshine Avenue  
Chapel (St. John)  
162 Wheeler Street

## Holy Masses:

### Daily

Chapel (St. John) See Below

### Saturday Vigil

Church (Sacred Heart) 4:00PM

### Sunday Morning

Church (Sacred Heart) 8:00 AM

Chapel (St. John) 10:30 AM

## Confessions

Church (Sacred Heart)

Saturday 3:00 PM – 3:45 PM

Chapel (St. John)

Anytime upon Request

---

## Mass Intentions

February 24 (Mon)	Weekday in Ordinary Time Rachel Moslak (Req. Teresa Mrozowski) - Chapel
February 25 (Tue)	Weekday in Ordinary Time <b>NO MASS</b>
February 26 (Wed)	Ash Wednesday NOON Ann Marie Mulcahy (Req. Daniel & Nina Gowaty) - Church 7:00 PM Barbara Eger (Req. May Ann, Skip & Amy Wissinger) - Chapel
February 27 (Thu)	Thursday after Ash Wednesday <b>NO MASS</b>
February 28 (Fri)	Friday after Ash Wednesday 8:00 AM Poor Souls in Purgatory (Req. Eger Family) - Chapel
February 29 (Sat)	<i>Vigil - First Sunday of Lent</i> 4:00 PM Enock & Veronica Severn (Req. Pysnik Family) - Church
March 1 (Sun)	<i>First Sunday of Lent</i> 8:00 AM Jennie Sielczak 30 Day Rem, Month's Mind (Req. Parish)- Church 10:30 AM For the Parish (Missa Pro Populo) -Chapel

**WEEKLY OFFERING** February 15<sup>th</sup> & 16<sup>th</sup> - Loose - \$114; Adult Envelopes - \$1,971.75; Fuel - \$25; Solemnity of Mary - \$5; Student Offering - \$16.25; Ash Wednesday - \$10; Candles - \$47; Catholic Register - \$10; Total - \$2,199. - Thank You!

**ALTAR FLOWER INTENTIONS** - The flowers at the St. John site are donated in memory of Mary Adamets by daughter Eleanor Rorer & Adamets Family.

### **SERVER SCHEDULE**

February 29 - 4:00 PM - E. & M. Rapsky, C. Mauger

March 1 - 8:00 AM - K. Koleszarik, D. Zelenski, T. Tomlinson

March 1 - 10:30 AM - J. Hammer, J. Eger

### **CALENDAR OF EVENTS**

February 23 - CCD Class

February 24 - Knights of Columbus Meeting - 7:00 PM - St. John

February 26 - Ash Wednesday

March 4 - St. Vincent DePaul Meeting - 7 PM - St. John

March 8 - Holy Name Corporate Communion - 8 AM - Sacred Heart; Meeting to follow - Activities Center

March 9 - Society of Angels Meeting - 6:00 PM (Note Time Change) - Activities Center

March 15 - All You Can Eat Breakfast - 8:30 AM - 11:00 AM - St. John

March 18 - Comfort & Care Meeting - 1:00 PM - Rectory Office

March 19 - K of C Blood Drive - 1:00 PM - 6:00 PM - St. John

March 29 - Senior Citizen Luncheon

**SOUP & STUDY**- This coming Monday, February 24<sup>th</sup>, Father Aron will again be hosting a short lesson/study of a Catholic or biblical topic following NOON Mass, for those Mass attendees who are interested, in the St. John's Hall with a small meal of soup being offered to anyone at no cost.

**WORKERS NEED** - The March All You Can Eat Breakfast is in need of parishioners to set up, cook and clean up. We only need 6 workers per shift (6:30-9 and 9-11:00) There are sign-up sheets at the back of each church. Experienced workers will be present for guidance/training. Please volunteer your time to help fundraise for your parish! There are enough of us that we could have AT LEAST two teams that can alternate months.

**PRAYER LIST** - Please call the rectory with any changes or additions. Kay Hintosh, Dale Berkey Jr., Allen S. Berkey, David Stockdill, Tina Udet, Rick Flickner, Patty Foltz, Connie Gruca, Judy Kostick, Lisa Schrift, Amy Thomas Georg, Cayleigh Wilson, Betsy Paolucci, Areile Adomnik, Charles Field, Todd Diorio, Jerry Otto, Denne Osman, Addison Zearfaus, Pam Kacmarski, Tom Schall, Howard Rose, Karen Hickey, David P. Bonus, Henry Sprock, Connie Criscoulo, Hunter Slater, Nancy Deneen, Stephen A. Haydu, Andrea Sesack, Jerry Otto, Lyle Spearo, Lauren Barnes, Agnes Palya.

**SUBSTITUTE PRIESTS** - This weekend Fr. Aron will celebrate the 8:00 AM Mass, however due to schedule concerns Fr. Mark Pattock OFM. CAP. will cover the 4:00 PM Mass this weekend and Fr. John Mary Tompkins O.S.B. will cover the 10:30 AM (Fr. Aron will be at Boswell). Please offer them a warm welcome.

## CCD NEWS:

- **CCD CLASS** - February 23
- **THANK YOU FOR YOUR SUPPORT** - Thank you to everyone who contributed in any way to the CCD fundraisers. You have helped provide our students with the opportunity to have a retreat experience that was spiritually uplifting and educational.
- **CCD CLASS** - March 1,8,15
- **NO CCD** - March 22
- **SENIOR CITIZEN LUNCHEON** - March 29 -Invitations will be going out soon.

**MISSION APPEAL THANK YOU** - The Spiritans (officially Congregation of the Holy Spirit) send their thanks for the generous response by the people of Our Lady Queen of the Angels Parish to their mission-sharing visit on the weekend of February 15-16, 2019 and for the gracious welcome given to Father Lazarus Langbiir, CSSp, representing the Spiritans. Be assured of the prayers of the Spiritans worldwide for you, and for your intentions, and we ask for your continued prayers for us and for our shared ministries to God's people everywhere. Do please continue to keep the missions of the Church in your hearts, the work of the Spiritans in mind, and the never-ending need to proclaim and witness to the Gospel in your own lives.

**DYNGUS DAY TICKETS GO ON SALE THIS WEEK** - Tickets to our parish's exceptionally popular Dyngus Day Party will go on sale this week. The event will take place on April 18<sup>th</sup>. Tickets are \$25.00 each and entitle the bearer to hours of ethnic foods, drink, live music, and games of chance. This annual celebration of our heritage is exceptionally popular - get your tickets early. To obtain tickets please call the rectory.

**FEBRUARY NOVENA** - We will be praying The Novena to St. Peregrine from February 18<sup>th</sup> - February 26<sup>th</sup>. Even if you are not able to make it to Daily Mass, you are more than welcome to take the booklet at the back of the church and pray the Novena at home! (Booklet is also available online in the Bulletin section.)

**K of C BLOOD DRIVE** - The Knights of Columbus is sponsoring a blood drive with the American Red Cross. The drive will be held at the St. John's chapel on Thursday, March 19th from 1:00 PM until 6:00 PM. Your support is welcome and critical to providing a stable and sufficient blood supply for your community!

**NEW BALTIMORE FISH FRY** -Why would one forego a buffet for a mere fish dinner? This is America, a land of liberty and prosperity. With the lofty concepts of choosing your own fish entrees and with the ability to eat as many as you wish (without succumbing to gluttony) I am officially endorsing the All You Can Eat Fish Buffet at St. John the Baptist Church in New Baltimore and am declaring it the best value going on a Friday during Lent. Beginning on Friday, February 28<sup>th</sup>, and continuing every Friday of Lent (March 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup>, & April 3<sup>rd</sup>) an all you can eat bonanza of baked & fried fish, fried shrimp, fried clams, soup, baked potato, vegetables, salad & dessert bar and beverage is available in the parish hall from 3:30 PM until 6:30 PM. At \$14.00 for adults, \$4.00 for ages 5-11, and free for under 5 years, it's a good deal and a great way to help our neighbor parish pay their bills. Fr. Aron has officially endorsed this fish fry as the greatest in America or perhaps even the world.

**CARE & COMFORT** - A new group has been formed at Our Lady Queen of Angels Church named the Care and Comfort organization. The mission of the group is to provide handmade blankets and shawls for anyone who needs "Care and Comfort". The volunteers are also asking anyone who may want to become involved to attend a meeting on the third Wednesday of the month, at 1 p.m. at the rectory. Help is also needed in making, distributing and most important praying on the shawls and blankets. They will be placed on the communion rail during the First Friday Adoration for people to place their hands on them and pray for those who will receive them. This action will let people know that they are loved and not forgotten. The blankets and shawls will be given to anyone who needs them while others will be given to those sharing in good events, such as baptism, marriage, confirmation and communion. The group is asking for donations of yarn, which can be placed in the back of the church, to use in the making the items. If you would like more information you can call Carol at 467-8704 or Sandy at 754-5675.

**LENTEN THOUGHT TO PONDER** - As is well known there are three Lenten pillars—prayer, fasting, and almsgiving. Psychologist Jim Schroeder offers the following thoughts about the good that comes from following these ancient penitential practices. - You’ve likely heard a homily, maybe read an article or two, and possibly even gone to Scripture to see what Christ says about these three points. But, as a psychologist, I’d like to tell you some things about them you maybe haven’t heard. See, if we go beyond the obvious spiritual and altruistic realms, we find these three pillars have an impact in the subconscious. Let’s start with almsgiving—the giving of ourselves and our resources. Research demonstrates that helping others may do more for the helper than we ever knew. Many people report that helping others makes them feel better and appreciate what they have. We give, and gain something in return. But what if helping others actually worked to improve our psychological well-being and our physical health over the long-term? In fact, studies seem to consistently support this. It’s not that people who feel good simply volunteer more. Rather, the more you assist others, the better you feel. Studies indicate that those who give of themselves have lower mortality rates, less depression, and greater overall functional abilities. This seems to hold especially true for youth and older adults. Large-scale studies of adolescents indicate that the more they volunteer, the more their outcomes improve. Those same individuals prove more likely to thrive and better able to interact with adults outside their family. Individuals over the age of 65 who volunteer show significant improvements in mental and physical health compared to the rest of the population, including a reduction in disease and isolation. Moving onto prayer, large-scale studies have generally indicated that faith and a strong relationship with a higher power are associated with less anxiety, greater social support, increased relational stability, less substance use, and fewer negative behaviors. Greater religiousness was found to be associated with fewer symptoms of depression in a meta-analysis of nearly 100,000 participants. However, it appears the best predictor of whether faith is associated with less anxiety and better adjustment is when people have a strong relationship with a higher power. When we pray to God in a desire to grow closer to Him, it is not just our spiritual life that improves. And when it comes to fasting, there are definite benefits when done responsibly. Positives can include a reduced risk of diabetes associated with increased insulin sensitivity, decreased blood pressure, and improvements in cholesterol levels. Other studies have found that it may also improve immunity. Athletes regularly use fasting to improve endurance. Psychologically speaking, fasting has been shown to improve self-control in other matters, including unhealthy habits beyond overeating. Just like the other two pillars, giving up food regularly gives back in many other ways. All of this suggests that the three pillars of Lent will not only make you holier, but also healthier. This isn’t surprising; it’s linked to that “wholeness” that Catholicism has been preaching for more than 2,000 years, but which we often sidestep or ignore. Greater health inspired not in vanity but in striving for salvation (for ourselves and others) is one more way we become who He’s made us to be, and do His will on earth. As St. Iranaeus once said, “The glory of God is man fully alive.” Nothing like the three pillars of Lent to provide even more life in these 40 days and beyond.