

Our Lady Queen of Angels Parish

Reverend Father Aron M. Maghsoudi – Pastor

Rectory Office
738 Sunshine Avenue
Central City, PA 15926
814-754-5224

April 5, 2020
Palm Sunday

Worship Sites
Church (Sacred Heart)
738 Sunshine Avenue
Chapel (St. John)
162 Wheeler Street

Private Prayer:

Daily

Church (Sacred Heart)
9:00 AM to 6:00 PM

Confessions
Anytime upon Request

Mass Intentions

Said privately by Fr. Aron

April 6 (Mon)	Monday of Holy Week Evelyn Saylor (Req. Dave & Chris Turcato)
April 7 (Tue)	Tuesday of Holy Week Walter Adomnik (Req. Family & Friends)
April 8 (Wed)	Wednesday of Holy Week Private Intention
April 9 (Thu)	Holy Thursday - Mass of the Lord's Supper For the Holy Priesthood
April 10 (Fri)	Good Friday Liturgy of the Lord's Passion
April 11 (Sat)	Holy Saturday Enock & Veronica Severn (Req. Pysnik Family)
April 12 (Sun)	<i>Easter Sunday</i> For the Parish (Missa Pro Populo) Julia Prociak (Req. Debbie Beckner)

Palm Sunday of the Passion of the Lord

A Reading from the Gospel of Matthew

When Jesus and the disciples drew near Jerusalem and came to Bethphage on the Mount of Olives, Jesus sent two disciples, saying to them, "Go into the village opposite you, and immediately you will find an ass tethered, and a colt with her. Untie them and bring them here to me. And if anyone should say anything to you, reply, 'The master has need of them.' Then he will send them at once." This happened so that what had been spoken through the prophet might be fulfilled: Say to daughter Zion, "Behold, your king comes to you, meek and riding on an ass, and on a colt, the foal of a beast of burden." The disciples went and did as Jesus had ordered them. They brought the ass and the colt and laid their cloaks over them, and he sat upon them. The very large crowd spread their cloaks on the road, while others cut branches from the trees and strewed them on the road. The crowds preceding him and those following kept crying out and saying: "Hosanna to the Son of David; blessed is the he who comes in the name of the Lord; hosanna in the highest." And when he entered Jerusalem the whole city was shaken and asked, "Who is this?" And the crowds replied, "This is Jesus the prophet, from Nazareth in Galilee."

A Reading from the Book of Isaiah

The Lord GOD has given me a well-trained tongue, that I might know how to speak to the weary a word that will rouse them. Morning after morning he opens my ear that I may hear; and I have not rebelled, have not turned back. I gave my back to those who beat me, my cheeks to those who plucked my beard; my face I did not shield from buffets and spitting. The Lord GOD is my help, therefore I am not disgraced; I have set my face like flint, knowing that I shall not be put to shame.

Responsorial Psalm

R. My God, my God, why have you abandoned me?

All who see me scoff at me; they mock me with parted lips, they wag their heads:

"He relied on the LORD; let him deliver him, let him rescue him, if he loves him." R.

Indeed, many dogs surround me, a pack of evildoers closes in upon me;

They have pierced my hands and my feet; I can count all my bones. R.

They divide my garments among them, and for my vesture they cast lots.

But you, O LORD, be not far from me; O my help, hasten to aid me. R.

I will proclaim your name to my brethren; in the midst of the assembly I will praise you:

"You who fear the LORD, praise him; all you descendants of Jacob, give glory to him; revere him, all you descendants of Israel!" R.

A Reading from the Letter from St. Paul to the Philippians

Christ Jesus, though he was in the form of God, did not regard equality with God something to be grasped. Rather, he emptied himself, taking the form of a slave, coming in human likeness; and found human in appearance, he humbled himself, becoming obedient to the point of death, even death on a cross. Because of this, God greatly exalted him and bestowed on him the name which is above every name, that at the name of Jesus every knee should bend, of those in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.

A Reading from the Gospel of Matthew

One of the Twelve, who was called Judas Iscariot, went to the chief priests and said, "What are you willing to give me if I hand him over to you?"

They paid him thirty pieces of silver, and from that time on he looked for an opportunity to hand him over.

On the first day of the Feast of Unleavened Bread, the disciples approached Jesus and said, "Where do you want us to prepare for you to eat the Passover?"

He said, "Go into the city to a certain man and tell him, 'The teacher says, "My appointed time draws near; in your house I shall celebrate the Passover with my disciples.'" The disciples then did as Jesus had ordered, and prepared the Passover.

When it was evening, he reclined at table with the Twelve. And while they were eating, he said, "Amen, I say to you, one of you will betray me."

Deeply distressed at this, they began to say to him one after another, "Surely it is not I, Lord?"

He said in reply, "He who has dipped his hand into the dish with me is the one who will betray me.

The Son of Man indeed goes, as it is written of him, but woe to that man by whom the Son of Man is betrayed. It would be better for that man if he had never been born."

Then Judas, his betrayer, said in reply, "Surely it is not I, Rabbi?"

He answered, "You have said so."

While they were eating, Jesus took bread, said the blessing, broke it, and giving it to his disciples said, "Take and eat; this is my body."

Then he took a cup, gave thanks, and gave it to them, saying, "Drink from it, all of you, for this is my blood of the covenant, which will be shed on behalf of many for the forgiveness of sins.

I tell you, from now on I shall not drink this fruit of the vine until the day when I drink it with you new in the kingdom of my Father."

Then, after singing a hymn, they went out to the Mount of Olives.

Then Jesus said to them, "This night all of you will have your faith in me shaken, for it is written: I will strike the shepherd, and the sheep of the flock will be dispersed; but after I have been raised up, I shall go before you to Galilee."

Peter said to him in reply, "Though all may have their faith in you shaken, mine will never be."

Jesus said to him, "Amen, I say to you, this very night before the cock crows, you will deny me three times."

Peter said to him, "Even though I should have to die with you, I will not deny you."

And all the disciples spoke likewise.

Then Jesus came with them to a place called Gethsemane, and he said to his disciples, "Sit here while I go over there and pray."

He took along Peter and the two sons of Zebedee, and began to feel sorrow and distress.

Then he said to them, "My soul is sorrowful even to death. Remain here and keep watch with me."

He advanced a little and fell prostrate in prayer, saying, "My Father, if it is possible, let this cup pass from me; yet, not as I will, but as you will."

When he returned to his disciples he found them asleep.

He said to Peter, "So you could not keep watch with me for one hour? Watch and pray that you may not undergo the test. The spirit is willing, but the flesh is weak."

Withdrawing a second time, he prayed again, "My Father, if it is not possible that this cup pass without my drinking it, your will be done!"

Then he returned once more and found them asleep, for they could not keep their eyes open.

He left them and withdrew again and prayed a third time, saying the same thing again.

Then he returned to his disciples and said to them, "Are you still sleeping and taking your rest? Behold, the hour is at hand when the Son of Man is to be handed over to sinners. Get up, let us go. Look, my betrayer is at hand."

While he was still speaking, Judas, one of the Twelve, arrived, accompanied by a large crowd, with swords and clubs, who had come from the chief priests and the elders of the people.

His betrayer had arranged a sign with them, saying, "The man I shall kiss is the one; arrest him."

Immediately he went over to Jesus and said, "Hail, Rabbi!" and he kissed him.

Jesus answered him, "Friend, do what you have come for."

Then stepping forward they laid hands on Jesus and arrested him.

And behold, one of those who accompanied Jesus put his hand to his sword, drew it, and struck the high priest's servant, cutting off his ear.

Then Jesus said to him, "Put your sword back into its sheath, for all who take the sword will perish by the sword. Do you think that I cannot call upon my Father and he will not provide me at this moment with more than twelve legions of angels? But then how would the Scriptures be fulfilled which say that it must come to pass in this way?"

At that hour Jesus said to the crowds, "Have you come out as against a robber, with swords and clubs to seize me? Day after day I sat teaching in the temple area, yet you did not arrest me. But all this has come to pass that the writings of the prophets may be fulfilled." Then all the disciples left him and fled.

Those who had arrested Jesus led him away to Caiaphas the high priest, where the scribes and the elders were assembled. Peter was following him at a distance as far as the high priest's courtyard, and going inside he sat down with the servants to see the outcome.

The chief priests and the entire Sanhedrin kept trying to obtain false testimony against Jesus in order to put him to death, but they found none, though many false witnesses came forward.

Finally two came forward who stated, "This man said, 'I can destroy the temple of God and within three days rebuild it.'"

The high priest rose and addressed him, "Have you no answer? What are these men testifying against you?"

But Jesus was silent.

Then the high priest said to him, "I order you to tell us under oath before the living God whether you are the Christ, the Son of God."

Jesus said to him in reply, "You have said so. But I tell you: From now on you will see 'the Son of Man seated at the right hand of the Power' and 'coming on the clouds of heaven.'"

Then the high priest tore his robes and said, "He has blasphemed! What further need have we of witnesses? You have now heard the blasphemy; what is your opinion?"

They said in reply, "He deserves to die!"

Then they spat in his face and struck him, while some slapped him, saying, "Prophecy for us, Christ: who is it that struck you?"

Now Peter was sitting outside in the courtyard.

One of the maids came over to him and said, "You too were with Jesus the Galilean."

But he denied it in front of everyone, saying, "I do not know what you are talking about!"

As he went out to the gate, another girl saw him and said to those who were there, "This man was with Jesus the Nazorean."

Again he denied it with an oath, "I do not know the man!"

A little later the bystanders came over and said to Peter, "Surely you too are one of them; even your speech gives you away."

At that he began to curse and to swear, "I do not know the man."

And immediately a cock crowed.

Then Peter remembered the word that Jesus had spoken: "Before the cock crows you will deny me three times."

He went out and began to weep bitterly.

When it was morning, all the chief priests and the elders of the people took counsel against Jesus to put him to death. They bound him, led him away, and handed him over to Pilate, the governor. Then Judas, his betrayer, seeing that Jesus had been condemned, deeply regretted what he had done.

He returned the thirty pieces of silver to the chief priests and elders, saying, "I have sinned in betraying innocent blood." They said, "What is that to us? Look to it yourself." Flinging the money into the temple, he departed and went off and hanged himself. The chief priests gathered up the money, but said, "It is not lawful to deposit this in the temple treasury, for it is the price of blood." After consultation, they used it to buy the potter's field as a burial place for foreigners. That is why that field even today is called the Field of Blood. Then was fulfilled what had been said through Jeremiah the prophet, And they took the thirty pieces of silver, the value of a man with a price on his head, a price set by some of the Israelites, and they paid it out for the potter's field just as the Lord had commanded me.

Now Jesus stood before the governor, and he questioned him, "Are you the king of the Jews?" Jesus said, "You say so." And when he was accused by the chief priests and elders, he made no answer. Then Pilate said to him, "Do you not hear how many things they are testifying against you?" But he did not answer him one word, so that the governor was greatly amazed. Now on the occasion of the feast the governor was accustomed to release to the crowd one prisoner whom they wished. And at that time they had a notorious prisoner called Barabbas.

So when they had assembled, Pilate said to them, "Which one do you want me to release to you, Barabbas, or Jesus called Christ?"

For he knew that it was out of envy that they had handed him over. While he was still seated on the bench, his wife sent him a message, "Have nothing to do with that righteous man. I suffered much in a dream today because of him."

The chief priests and the elders persuaded the crowds to ask for Barabbas but to destroy Jesus. The governor said to them in reply, "Which of the two do you want me to release to you?" They answered, Barabbas!" Pilate said to them, "Then what shall I do with Jesus called Christ?" They all said, "Let him be crucified!" But he said, "Why? What evil has he done?" They only shouted the louder, "Let him be crucified!" When Pilate saw that he was not succeeding at all, but that a riot was breaking out instead, he took water and washed his hands in the sight of the crowd, saying, "I am innocent of this man's blood. Look to it yourselves." And the whole people said in reply, "His blood be upon us and upon our children." Then he released Barabbas to them, but after he had Jesus scourged, he handed him over to be crucified.

Then the soldiers of the governor took Jesus inside the praetorium and gathered the whole cohort around him. They stripped off his clothes and threw a scarlet military cloak about him. Weaving a crown out of thorns, they placed it on his head, and a reed in his right hand. And kneeling before him, they mocked him, saying, "Hail, King of the Jews!"

They spat upon him and took the reed and kept striking him on the head. And when they had mocked him, they stripped him of the cloak, dressed him in his own clothes, and led him off to crucify him.

As they were going out, they met a Cyrenian named Simon; this man they pressed into service to carry his cross.

And when they came to a place called Golgotha (which means Place of the Skull), they gave Jesus wine to drink mixed with gall. But when he had tasted it, he refused to drink. After they had crucified him, they divided his garments by casting lots; then they sat down and kept watch over him there. And they placed over his head the written charge against him: This is Jesus, the King of the Jews.

Two revolutionaries were crucified with him, one on his right and the other on his left. Those passing by reviled him, shaking their heads and saying, "You who would destroy the temple and rebuild it in three days, save yourself, if you are the Son of God, and come down from the cross!"

Likewise the chief priests with the scribes and elders mocked him and said, "He saved others; he cannot save himself. So he is the king of Israel! Let him come down from the cross now, and we will believe in him. He trusted in God; let him deliver him now if he wants him. For he said, 'I am the Son of God.'"

The revolutionaries who were crucified with him also kept abusing him in the same way.

From noon onward, darkness came over the whole land until three in the afternoon.

And about three o'clock Jesus cried out in a loud voice, "Eli, Eli, lema sabachthani?" which means, "My God, my God, why have you forsaken me?" Some of the bystanders who heard it said, "This one is calling for Elijah."

Immediately one of them ran to get a sponge; he soaked it in wine, and putting it on a reed, gave it to him to drink.

But the rest said, "Wait, let us see if Elijah comes to save him."

But Jesus cried out again in a loud voice, and gave up his spirit.

And behold, the veil of the sanctuary was torn in two from top to bottom. The earth quaked, rocks were split, tombs were opened, and the bodies of many saints who had fallen asleep were raised.

And coming forth from their tombs after his resurrection, they entered the holy city and appeared to many.

The centurion and the men with him who were keeping watch over Jesus feared greatly when they saw the earthquake and all that was happening, and they said, "Truly, this was the Son of God!"

There were many women there, looking on from a distance, who had followed Jesus from Galilee, ministering to him. Among them were Mary Magdalene and Mary the mother of James and Joseph, and the mother of the sons of Zebedee. When it was evening, there came a rich man from Arimathea named Joseph, who was himself a disciple of Jesus.

He went to Pilate and asked for the body of Jesus; then Pilate ordered it to be handed over. Taking the body, Joseph wrapped it in clean linen and laid it in his new tomb that he had hewn in the rock.

Then he rolled a huge stone across the entrance to the tomb and departed.

But Mary Magdalene and the other Mary remained sitting there, facing the tomb.

The next day, the one following the day of preparation, the chief priests and the Pharisees gathered before Pilate and said, "Sir, we remember that this impostor while still alive said, 'After three days I will be raised up.'

Give orders, then, that the grave be secured until the third day, lest his disciples come and steal him and say to the people, 'He has been raised from the dead.' This last imposture would be worse than the first."

Pilate said to them, "The guard is yours; go, secure it as best you can."

So they went and secured the tomb by fixing a seal to the stone and setting the guard.

CALENDAR OF EVENTS

March 29 - **NO CCD Class** until further notice

April 18 - **CANCELLED** - To be rescheduled - Dyngus Day

April 19 - **CANCELLED** - To be rescheduled - Confirmation - St. Peter's - Somerset

April 26 - **CANCELLED** - To be rescheduled - Senior Parishioners' Mass and Luncheon

APRIL NOVENA - We will be praying The Divine Mercy Novena from April 10th through the 18th. Please use the enclosed booklet and pray the Novena at home! (Booklet is also available online in the Bulletin section.)

PRAYER LIST - Please call the rectory with any changes or additions. Kay Hintosh, Dale Berkey Jr., Allen S. Berkey, David Stockdill, Tina Udet, Rick Flickner, Patty Foltz, Connie Gruca, Judy Kostick, Lisa Schrift, Amy Thomas Georg, Betsy Paolucci, Areile Adomnik, Charles Field, Todd Diorio, Denne Osman, Addison Zearfaus, Pam Kacmarski, Tom Schall, Howard Rose, David P. Bonus, Henry Sprock, Connie Criscoulo, Hunter Slater, Nancy Deneen, Stephen A. Haydu, Andrea Sesack, Jerry Otto, Lyle Spearo, Lauren Barnes, Agnes Palya, Gerald "Curly" Mains, Rollin Wilson, Genevieve Berezonsky, Tom Hudak.

SMALL ERRANDS - Volunteers have contacted our office offering to run small errands like grocery and/or prescription pick up and drop off for anyone in need. Please call the rectory with your request (814-754-5224).

DYNGUS DAY TO BE RESCHEDULED - As soon as we have the alternate date we will notify all ticket holders. You may call the rectory to return your tickets for a refund or wait until the new date is decided upon.

DONATIONS - To assist parishes like ours who do not currently offer online/electronic giving, the Diocese has provided the use of their online giving platform and created a specific "Your Parish Offertory" giving site. "Your Parish Offertory" is available on the diocese's home page featuring a **GIVING** button. Parishioners can also go to www.dioceseaj.org/giving. All funds donated will be credited to Our Lady Queen of Angels Parish and we will be made aware of your continued generosity. You can also mail your offertory directly to Our Lady Queen of Angels Parish, 738 Sunshine Avenue, Central City, PA 15926.

CHURCHES NOW LOCKED - as per the new Diocese regulations, all churches and facilities will remain locked until further notice.

PALMS BLESSING - Fr. Aron will bless palms on Palm Sunday and will distribute them when we return.

FATHER ARON'S REFLECTIONS - Since my physician permitted me to leave quarantine on Monday of this past week, I discovered a side effect of staying at home during this peculiar time is an intensity that comes with ordinary events. For instance, I became aware of all kinds of things I never noticed before on a trip to the Latrobe's Lincoln Avenue Shop N' Save (my standby supermarket when I'm at home) - the cleanliness of the deli counter (the guy cutting olive loaf wore a white lab coat like a surgeon), the way a customer with dirty hands was sorting through items in a cooler (I was genuinely disturbed), and the distance people stood from each other (really, before the pandemic when did I ever take note of how close people stood to one another at Shop N' Save?). The point is, we notice things, we more readily take things to heart, everything seems a little on edge. People cry more often - and sometimes for reasons that are hard to fully explain. Most of us are more cautious, anxious, and impatient. Press conferences, news reports, even commercials - from kitchen remodelers to attorneys - all mention Covid-19. It is a constant onslaught of words, images, and the destabilizing information that infiltrates our senses and overwhelms our minds. In Johnstown, a man shot at another man for coughing without covering his mouth. Everything seems a little more intense. In the midst of this, the Divine Retreatmaster has permitted us to remain on our, as I said last week, unexpected (and perhaps unwanted) retreat for such a time that we will celebrate Palm Sunday in the desert together. Palm Sunday, Christ's entry into Jerusalem to shouts of acclaim, just days before many of the same people would call for his execution, serves as the reflection-point for a crisis that is most timely - namely, the quality of our relationship with God and our relationships with one another. Such reflections are nothing new, but we have a rare occasion in this troublesome time whereby we are primed to actually be introspective about things that matter. We're on edge. We want things to go back to "normal," we ache for stability. Lots of words abound about taking care of one another, people are more freely employing "God talk." While there is more frequent discussion about such matters, at the same time, the trepidation we feel and the gravity of our situation gives us little tolerance for insincere charity and hollow faith. An invitation has been extended to cut out cheap grace and empty slogans. Christ said that those that mourn are most fortunate (sometimes translated "blessed" or "happy") - how fortunate we are if we love intensely - the full experience of the human condition. When it's easy to take things for granted, how many of us really love intensely? Honestly? On Palm Sunday the people who cut branches, shouted Hosannas, and placed their coats beneath the feet of Jesus expected him to be a political figure, and we're not all that different. Aside from unreasonable messianic expectations that people on the left and on the right place on their politicians, we too often recoil, at least inside ourselves, at the idea that the Messiah, the one we have been looking for, invites us to take up our cross daily if we would have union with him. Silently configured in the depths of our being to the man of sorrows? It's far more palatable to seek a different messiah, a prosperity gospel - can't we just skip Holy Week and go right to

Easter? Cardinal Robert Sarah, in his excellent book on silence, offers this thought on Palm Sunday, "the Gospel explains how important it is to mistrust sterile enthusiasms, intense passions, and ideological or political slogans. When Jesus went down from Bethany to Jerusalem on Palm Sunday, he was given a grand, solemn reception." The Cardinal continues, "when the festivities were over and it was late, oddly enough, seeing no one to offer him hospitality or to give him something to eat, Jesus left the city and went back to spend the night in Bethany with his disciples. The Son of God was welcomed triumphantly but found no one to open his door to him. Similarly, in our age, how often our welcome, our love, and our praises are superficial, without substance, merely a coat of religious varnish." The intensity of our times can lead us to a more intense and substantial understanding of the mystery of God and the bonds we share with each other. On the news this past week I heard the story of an elderly man who was forced to die alone in a hospital after he contracted Covid-19. The pain on the face of his grandson was powerful. Moreover I saw an interview with a first-responder who broke down and cried because she was too afraid to hug her children lest she unknowingly pass on the virus. As heartbreaking as these stories are, how fortunate we are to be in a situation where we can begin to savor the things that in the past we took for granted, see the value in little things that we never noticed, and start to move beyond empty words about God and humanity, to love intensely. In the epistle at Mass this weekend, we are told that though Christ was in the form of God, He emptied himself. Likewise we find our truest self only when we lose our self. That can be frightening and counter intuitive. Bishop Robert Barron writes, "God is that which effectively invites the ego to give up its fearful and finally-illusory place at the center of the universe." Palm Sunday reminds us that humans are often fickle and prefer a spiritual life that is diplomatic, theatrical, and sentimental. If we are serious about looking at our faith and our relationships with others with fresh and honest eyes, consciously set aside some quiet time to examine them and to "incline the ear of your heart" to listen to the still, small whisper of our Creator's voice for which we long.

MASSES ONLINE:

<https://video.ewtn.com/daily-mass> (Pre-recorded)

www.mass-online.org (Live streamed)

STATIONS OF THE CROSS ONLINE

<https://stations.wordonfire.org/stations-of-the-cross>

EASTER FOODS - There will be no blessing of baskets of Easter food, however you are encouraged to pray the following at home:

Christ, The Living Bread, you came down from heaven and gave the gift of the Eucharist to the world. Bless us as we partake of our bread, sweet breads and pastries that recall both the manna with which the Father fed the Israelites as they wandered in the desert, and the bread with which you miraculously fed those who followed you in the wilderness.

Lamb of God, you who conquered death and redeemed us from our sins, bless us as we partake of these meats, sausages, and all the foods that we eat in memory of the Paschal Lamb, who shared the Passover meal with His Apostles at the last Supper.

Bless us as we use this salt and, as salt keeps food from spoiling, protect us from the corruption of sin.

O Lord bless us as we partake of these cheeses, butter and other dairy foods. Keep us in your love so that as we partake of them, we may be filled with your bountiful gifts brought by your glorious resurrection from the dead.

Christ, our life and our hope, bless us as we share these eggs, a symbol of new life, that we will share with family, friends and guests and thus, share with them the joy of Your Resurrection and presence among us. Invite us to your eternal feast, the heavenly eternal banquet, where You live and reign forever and ever. Alleluia. Amen.

SPECIAL INDULGENCE - Pope Francis has granted a Plenary Indulgence, that is, remission of all temporal punishment due to sin -- to all who suffer from the Coronavirus. Those who are subject to quarantine, health care workers, family members and all those who care for those who are sick with Coronavirus are all granted this Plenary Indulgence if their hearts are “detached from any sin,” and they do one of the following: Unite spiritually through the media with the celebration of Holy Mass • Recite the Rosary • Prayerfully follow the Way of the Cross • ... at least recite the Creed, the Lord’s Prayer and a pious invocation to the Blessed Virgin Mary, offering this trial in a spirit of faith in God and charity towards their brothers and sisters. The usual conditions for gaining a Plenary Indulgence are to go to confession, take communion, and pray for the Holy Father’s intentions. The Pope acknowledges that this present crisis makes that difficult or impossible for some people by granting this Plenary Indulgence if you intend to fulfill these obligations as soon as possible. Pope Francis also grants a Plenary Indulgence to the rest of us if we will, with the purpose of imploring “from almighty God the end of the epidemic, relief for those who are afflicted and eternal salvation for those whom the Lord has called to Himself,” do one of the following: Visit the Blessed Sacrament • Spend time in Eucharistic Adoration • Read the Bible for at least half an hour • Pray the Rosary • Pray the Way of the Cross • Pray the Divine Mercy Chaplet. You must also fulfill the normal requirements for a plenary indulgence, which is to give up your attachments to your sins, go to confession and pray for the Pope’s prayer intentions. If you can’t do this now, you must do it as soon as you can & intend to do so.