

Our Lady Queen of Angels Parish

Reverend Father Aron M. Maghsoudi – Pastor

Rectory Office
738 Sunshine Avenue
Central City, PA 15926
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July 16, 2017
Fifteenth Sunday
in Ordinary Time

Worship Sites

Church (Sacred Heart)
738 Sunshine Avenue

Chapel (St. John)
162 Wheeler Street

Confessions:

Church (Sacred Heart)
Saturday 3:00 PM – 3:45 PM
Chapel (St. John)
Sunday 10:00 AM – 10:15 AM
Anytime upon Request

Holy Masses:

Daily
Church (Sacred Heart) 8:00AM
Saturday Vigil
Church (Sacred Heart) 4:00PM
Sunday Morning
Church (Sacred Heart) 8:00 AM
Chapel (St. John) 10:30 AM

Mass Intentions

July 17	<i>Weekday in Ordinary Time</i>
8:00 AM	John Fusina (Req. Nieces) - Church
July 18	<i>Saint Camillus de Lellis</i>
	NO MASS
July 19	<i>Weekday in Ordinary Time</i>
8:00 AM	Poor Souls in Purgatory (Req. John Eger Family) - Church
July 20	<i>Saint Apollinaris</i>
8:00 AM	John Kotus Family (Req. John Kotus Estate) - Church
July 21	<i>Saint Lawrence of Brindisi</i>
8:00 AM	Frank & Jennie Popovich (Req. Theresa Bernard) - Church
July 22	<i>Vigil of the Sixteenth Sunday in Ordinary Time</i>
4:00 PM	Kathryn Yatta (Req. Julie Bollman) - Church
July 23	<i>Sixteenth Sunday in Ordinary Time</i>
8:00 AM	Mike Knapp (Req. Tom & Julie Delasko) - Church
10:30 AM	For the Parish (Missa Populo) - Chapel

SIMPLE HOLY HABITS THAT HELP TO KEEP YOU FOCUSED ON GOD (AND OUT OF HELL) – Life is busy. We are constantly tugged and pulled by various obligations – family, work, and community. It never seems to end and when we go to Mass on Sunday, we are reminded of our own failure to live each day under God’s inspiration. We forget to pray and life never stops to let us catch up. What should we do to keep it from passing us by? Here are five simple tips that can help the weary soul reclaim each day and dedicate it to God. Holiness is much easier to attain if we stop putting so much pressure on ourselves and simply open up our heart in little ways each day.

1. Pray immediately after waking up

Saint Josemaria Escriva called this the “heroic minute” and wrote in *The Way*, “Many good Christians develop the habit of giving their first thought of the day to God. The ‘heroic minute’ follows: it facilitates the Morning Offering and getting the day off to a good start. The heroic minute. It is the time fixed for getting up. Without hesitation: a supernatural reflection and ... up. The heroic minute: here you have a mortification that strengthens your will and does

no harm to your body. If, with God's help, you conquer yourself, you will be well ahead for the rest of the day. It's so discouraging to find oneself beaten at the first skirmish." It is an extremely simple way to start your day off on the right foot, but also one of the hardest.

2. Schedule five minutes to pray during the day

Again, nothing earth shattering, but something that we too often forget. The important part about this is to *schedule* time for prayer. It can be five minutes, 15 minutes or even 30 minutes. Whatever it is, the key is to block off that time in your daily schedule and not let anything touch it. This can be done at work or at home (or on the road). Schedule it and make it a recurring event every day.

3. Pray the "Jesus Prayer"

Another way to incorporate God into your everyday life is to recite the short "Jesus Prayer." The *Catechism* describes this ancient prayer like this: "This simple invocation of faith developed in the tradition of prayer under many forms in East and West. The most usual formulation, transmitted by the spiritual writers of the Sinai, Syria, and Mt. Athos, is the invocation, 'Lord Jesus Christ, Son of God, have mercy on us sinners.' It combines the Christological hymn of Philippians 2:6-11 with the cry of the publican and the blind men begging for light. By it the heart is opened to human wretchedness and the Savior's mercy" (CCC 2667). Saying this prayer over and over again is a great way to meditate on the beauty and mercy of God. It hardly takes a few seconds to say, but packs a great spiritual punch!

4. Carry a rosary with you wherever you go

You don't even have to pray the rosary, just carry one in your pocket or purse. This might seem odd, but it can be a source of inspiration or consolation throughout the day. You might reach into your pocket to get your keys and pull out a rosary instead. Or you might be rummaging through your purse and find your rosary. It is a simple reminder of God and may serve as a reminder to pray at a moment you need God the most. Rosaries were the first "fidget spinners"!

5. Pray before going to bed

If you started off the day with God, the only way to end it is with God. Prayers at bedtime don't have to be complex, but should generally revolve around thanksgiving. Be thankful for what God has given you this day and make a resolution to do better tomorrow. Many of the saints practiced different variations of this bedtime ritual and all greatly benefited from it.

A GREAT STORY ABOUT THE EUCHARIST - St. Anthony of Padua lived during the 13th century and possessed a great zeal for the Real Presence of Jesus in the Holy Eucharist. One day Saint Anthony heard of a man in Rimini named Bononillo who did not share the same belief. In fact, Bononillo openly mocked people who believed that Jesus was truly present under the appearances of bread and wine. St. Anthony tried his hardest to convince Bononillo with the proofs of scripture and argument, but discovered that the man was as stubborn as a mule. Then St. Anthony received an inspiration. He challenged the wealthy merchant, "If the mule you ride adored the Body of Christ in the Eucharist, would you believe in the truth of the Blessed Sacrament?" Bononillo agreed, but decided to raise the stakes. Bononillo would starve his mule for three days and then bring it to the town square. Saint Anthony would bring the Blessed Sacrament to that same square. The mule then would be put in front of a pile of hay and St. Anthony would stand a few yards away with the Blessed Sacrament. What happened next would decide the victor. To prepare for the event, St. Anthony fasted for three days, and Bononillo in turn told everyone in the town. Bononillo was convinced that the mule would think nothing of the Eucharist and ravenously eat the pile of hay. On the day of the test, Bononillo brought his mule and placed the hay under the mule's nose. St. Anthony came and stood a distance away with the Holy Eucharist. Defying all odds, the mule turned his head and walked over to Saint Anthony. When the mule was close, the animal bent his front legs and kneeled in adoration! When Bononillo saw this miraculous change of events, he immediately knelt down and professed his belief in the truth of the Real Presence. What this short story tells us is that Eucharistic presence of Jesus is something miraculous and supernatural. It is a gift that Jesus gave to his Church, one that reason alone cannot explain. Faith is required to hold to such a fantastic belief. It reminds us that what we witness each Sunday (and every day) is beyond our understanding. The *Catechism* affirms this fact and declares, "That in this sacrament are the true Body of Christ and his true Blood is something that 'cannot be apprehended by the senses,' says St. Thomas, 'but only by faith, which relies on divine authority.' For this reason, in a commentary on Luke 22:19 ('This is my body which is given for you.'). St. Cyril says: 'Do not doubt whether this is true, but rather receive the words of the Savior in faith, for since he is the truth, he cannot lie'" (CCC 1381). St. John Vianney put it perfectly, "If we really understood the Mass, we would die of joy."

CALENDAR OF EVENTS -

July 17 - Parish Finance Council - 6:00 PM - St. John's

July 20 - Kenneywood CCD trip (Slovak Day)

July 22-23 - Mission Co-Op Visit, Sisters of Charity, Korean Missions

July 26 - K of C Meeting - St. John's

July 30 - Classic car show and wing cookout - St. John's

August 6 - Fr. Aron's bus trip to visit historic churches in Philadelphia

August 15 - Assumption of the Blessed Virgin Mary - Holyday of Obligation

August 28 - Parish Council Meeting, 6:30 PM - Activity Center

FLOWER MEMORIALS - This weekend the flowers at the Sacred Heart site are dedicated in honor of the 42nd Wedding Anniversary of Pat and Mary Ann Zubek.

WEEKLY OFFERING July 8th and July 9th - Adult Envelopes - \$2,766; Loose \$553; Fuel - \$90; Student Offering - \$25; Misc. Donations - \$185.; Total - \$3,619 - Thank You!

CAR SHOW AND COOKOUT - Our parish will be hosting a classic and antique CAR CRUISE on Sunday July 30th at the St. John site from 1:00 PM until 5:00 PM. Live oldies music provided by Krazy Kat Daddies with wings, burgers, hot sausage, beer and other refreshments available. The first 50 cars will receive a dashboard madonna. All vehicles blessed upon request. If you would be so kind as to take some flyers (found on the back table) and distribute them to anyone who has an old car, enjoys old cars, likes to eat, or be around other humans.

PRAYER LIST - Jennie Sielczak, Frank Murawski, Constance Gruca, Lillian Koleszarik, Marie Metsker, Sandy Wechtenhiser, Ethan Rohlf, Rachel Moslak, Ann Guyer, Alice Zelenski, Shirley Taylor, Carol Hancharik, Kay Hintosh, Charlie Field Jr., David P. Bonus, Lauren Barnes, Andrew Straka, Joe Zeigler, Fern Lasut, Agnes Palya, Roger Black, Trish Rullo, Mike Stefanik, Stanley Carl Tomaszewski, Patrick Munro, Ron Rayman, Tom Hudak, Quincy Oglie, Charles Field Sr., Ron Delasko, Mike Dixon, Mya Polito, Patty Barnes, Madelain Mauger, Sue Frank, Caroline Amato, Richard Birely, Joseph Shelko, Shirley Roman, Mary Ethel Sanzo, Leon Bonus, Joyce Delasko, Larry Krestar, Harriet Konitsky, Andrew Muha, Andrea Sesack, Ricky Gerena, Shelly Delasko, Lionel Berkebile, Jeremy Christopher, Mary-Ann Sgavoo, Mary Ann Naret, Barry Stuft, Mary Ann Lasut, John Harchick Jr., Vincent Bestvina, Izzy Bihun, Jeff Yanosky

FESTIVAL THIS WEEKEND - St. Clement Parish will hold its Annual Festival & Car Cruise on the parish grounds at the corner of Lindberg Avenue & Goucher Street on Sunday, July 16th beginning with a Polka Mass with Rosie & the Jammers at 10:30 AM. Car Cruise registration begins at 10:00 AM with a \$5.00 entry fee for each vehicle. A free t-shirt will be given to the first 100 entries. Music by DJ Labarko from 11:00 AM-1:00 PM; the band Cruzin' from 1:00-4:00 PM; and Colossal Karaoke from 4:00-6:00 PM. Roast Beef Dinner, International Grill, Bingo, Adult & Children's games & more! All are welcome!

NEW TICKET - The parish is now offering a new raffle ticket - \$1,000 of Meat and a Weber Grill. The tickets are \$5.00 each with a total of 1,000 tickets based on Pennsylvania Daily Number on July 30, 2017. The meat prize provided by way of a gift certificate to Hoffer's Ligonier Valley Packing, the grill is a Weber E-310 Genesis II. All proceeds go to the CCD program. Thank you for your generosity.

ALTAR SERVER SCHEDULE -

July 22 Church 4:00 PM J. Bihun, T. & M. Mabon

July 23 Church 8:00 AM K. Koleszarik, D. Zelinski, T. Tomlinson

July 23 Chapel 10:30 AM J. Hammer, M. Moslak, C. Galish

SANCTUARY CANDLE INTENTIONS - The Sanctuary Candle burns at the Church in loving memory of Stanley and Catherine Zelenski by daughter Darlene and Bob. The Sanctuary Candle burns at the Chapel in loving memory of all the deceased members of the Rypczyk and Kudasik families by their loving families.

A PRAYER FOR THOSE WHO PROCRASTINATE - St. Josemaria Escriva's mission in the Church was to emphasize the importance of the present moment and current circumstances - this is what we have to offer to God. Nothing else. This prayer of his to the Holy Spirit is good for those of us who need help remembering that the time to choose love is now: Come, O Holy Spirit! Enlighten my mind to know your commands; strengthen my heart against the snares of the enemy; inflame my will...I have heard your voice, and I don't want to harden myself and resist, saying "Later..., tomorrow." *Nunc coepi!* Now I begin! In case there is no tomorrow for me. O Spirit of truth and wisdom, Spirit of understanding and counsel, Spirit of joy and peace! I want whatever you want. I want because you want, I want however you want, I want whenever you want
